

April 6, 2018

Dear Parent/ Guardian,

Dr. Tammy Hart will be providing free physicals here at the school on April 13<sup>th</sup> and April 27<sup>th</sup>.

I am attaching a physical form to this letter. If your child(ren) intends to participate in extracurricular activities for the school year 2018-19, please read through and complete the form.

MSHAA has provided A Parent's Guide to Concussion, for you and your student athlete to read. You may find this guide online at <https://mshsaa.org/SportsMedicine/> under "A Parent's/Guardian's Guide to Concussion" or request a paper copy from Kami or myself. Parents and students are **required** to sign that they have read this material on the last page of the physical form.

Each form **must include** proof of insurance, completed medical history questions (**including explanations of each "yes" answer**), and parent/guardian signatures. Please return **completed** forms to me by **Thursday, April 12<sup>th</sup>** to receive a free physical from Dr. Hart here at school this year.

THERE WILL BE NO SUMMER PHYSICAL CLINICS AT SCHOOL.

Sincerely,

Kim Rardon RN BSN  
School Nurse